



# Ellis Beach SLSC NEWSLETTER



Issue 3

Sunday  
October 3rd 2010

## PORT DOUGLAS CARNIVAL CORRECTION

**NQ BRANCH CHAMPIONSHIPS**

**16<sup>TH</sup> & 17<sup>TH</sup> OCTOBER 2010**

**STARTING AT 1100AM**

**AT PORT DOUGLAS**

## CLUB DINNER & PRESENTATION

**WHEN:** 6th November 2010

**TIME:** 6:30 pm

**WHERE:** Ochre Restaurant

**PRICE:** \$40.00

**PAYMENT OPTIONS:**

**Please pay by 30th October to the below bank account details**

**BSB: 034 158**

**ACCOUNT NUMBER: 135 138**

**ACCOUNT NAME: ELLIS BEACH SLSC GENERAL ACCOUNT**  
**(WESTPAC)**

**REFERENCE NAME: PLEASE USE YOUR SURNAME**

Thank you again to Craig Squires for hosting our club dinner again  
this year!

Ellis Beach Surf

Lifesaving Club

Ph: (07) 4055 3695

Fax: (07) 4059 1634

Email:

[ellis.slsc@bigpond.com](mailto:ellis.slsc@bigpond.com)

**Dates to**

**Remember!!**

MISSION BEACH  
24/25 JULY

ETTY BAY  
14/15 AUGUST

ELLIS BEACH  
28/29 AUGUST

CAIRNS & SURF  
RESCUE  
CHAMPIONSHIPS  
18/19 SEPTEMBER

PORT DOUGLAS  
16/17 OCTOBER

JUNIOR  
PRESENTATION  
DAY  
23 OCTOBER

NORTH AUSSIES  
MACKAY  
30/31 OCTOBER

Mission Statement

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# CONGRATULATIONS

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## Gary Williams

Congratulations to Gary Williams for receiving the Clive Hammond for his contribution to Surf Sports in North Queensland at the recent SLSQ awards night. What an outstanding achievement. Well done Gary!

## Lennie Wanklyn

Our own Lennie Wanklyn has been doing an outstanding job as Carnival Referee at all our Branch Carnivals so far this season. Lennie has had to overcome some major challenges brought about by terrible weather and time constraints, not to mention being locked out of club houses. Lennie has kept his usual cool head and professional attitude to deliver great carnivals for us to enjoy. Well done Lennie.

## Mike Stevens

A Huge Thank you to our very own Mike Stevens, North Qld Branch Director of Life Saving who did a great job putting together the Champion Lifesaver Competition held at Cairns Club Saturday morning 18/09/10. Stay tuned for this very important and worthwhile competition to perhaps take on a much higher profile. Hopefully next season our Branch may be able to run the full Surf Rescue Competition which could include Champion Lifesaver, Patrol Champs and First Aid Champs

## Assessors

Thank you very much to:

- Lorraine Dunnett
- Graeme Boothe
- Mike Stevens
- Jessica Dunnett
- Gary Williams
- John Menico

For again giving up their time to assess this round of proficiencies. Last round for the season coming up soon.

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# FUNDRAISING

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## Surf Safe Door Knock Appeal

This is a great opportunity for us, as a club to raise some extra funds. Volunteers are needed to collect money at shopping centers around Cairns, even just an hour of your time is very much appreciated.

**When: 22nd November—5th December**

**Where: Locations around Cairns yet to be announced**

**What to bring: Club shirt or patrol uniform**

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**Fundraising is an important part of how Ellis Beach is able to purchase extra equipment. We rely on the time of our members to raise the money at any of the opportunities in this section. Ideas and suggestions are always welcome!**

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## Piccones IGA—Edge Hill

If you stop by the IGA in the Brinsmead Shopping Centre at Edge Hill, be sure to ask them to give you purchase point to the Ellis Beach SLSC. The more points we get the more donation we receive.

## Things to remember when on patrol.

- Wash out ATV & IRB at the end of patrol.
- If you can't make your patrol **you can swap with another member** who has the **same awards** as you.
- **Remember to wear your full uniform when on patrol, this includes your cap!!**
- Patrol uniforms are only for the beach, so please remember a change of clothes.
- Place a hand held radio in the charger, making sure the light is on.

## PATROL CORNER

Thank you to all our patrolling members for their efforts so far this season, you're doing a great job!

**UNIFORMS:** If you do not have a complete patrol uniform (this includes your cap! ) please email Peta at [ellis.slsc@bigpond.com](mailto:ellis.slsc@bigpond.com)

In the hut on the cupboard doors is the Patrol roster with a scenario to do for each patrol until the end of season. Please make sure you go through these as it is important to keep your skills up, instead of leaving it until proficiency once a year. It is also a good refresher and makes your patrol go much quicker.



## REMINDER

**Stinger drags to commence on the 1st of October**



**During last season and the beginning of this season there has been some members writing on the hut walls with coloured chalk. Please STOP doing this as it looks extremely unprofessional, it stains the paint and takes time to wash off. In future, if anyone writes on the hut walls they can wash it off themselves! So please show some respect for our equipment!**

**Thanks!**

## R&R Competition

For those who don't know, R&R means Rescue and Resuscitation and is a mix of march past and patient assessment.

Melinda Jackson and Len Wanklyn have been coaching some of our juniors and seniors with the very valuable assistance of Geoff from Tugan SLSC.

Those involved have already had some amazing results including a gold at the recent State Tiles!!!!

This is a great section within surf for those who are not interested in competing in surf sports section.

If you are interested in participating or seeing what it is about, please see Melinda or Len down on the beach on

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# **JUNIOR ACTIVITIES**

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## **ELLIS BEACH CARNIVAL THANK YOU**

### **From the kitchen...**

Thank you to everyone who donated cakes, fruit salad and their time in the kitchen at the carnival, especially those who did the extra early shift Sun morning from before 6am making breakfast. Special mention to Debbie Townsend, who when not fixing twisted ankles spent many long hours helping in the kitchen. Also thank you to Trish Crawford (wife of R&R Guru Geoff) from Tugun SLSC who also spent many hours in the kitchen & whose help was invaluable. Thank you to Leeanne Perez & Margie Lambert for making all the bolognaise sauce.

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## **CHIPS ARE BACK!!**

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The deep fryer is back in action and chips should be available on training Sundays until the end of season.

Thank you

Irene Williams

PH 40552483

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## **Found at Cairns Carnival**

One Ellis Beach long sleeve white shirt size 12. Looks brand new. Found somewhere at Palm Cove by Cairns Club officials. Please see Gary Williams if it is yours.

## **Containers left over from Ellis Carnival**

If anyone is missing containers which they brought along donated cakes to the Ellis Carnival please see Irene or Leeanne in the kitchen as there is still a few stray ones that haven't been claimed.

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## **Well Done Cadets**

Some of our Cadets have been doing a great job helping out with the young juniors on a Sunday morning. Netanya Godfrey, Mariah Smith & Asha Brown have been helping with the U6/7's giving them lots of support and encouragement. The young ones have really enjoyed and benefited from their help. Thank you girls.

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# **JUNIOR ACTIVITIES**

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## **ELLIS BEACH JUNIORS END OF YEAR BREAKUP & PRESENTATION 23/10/2010**

Don't forget Sat 23/10/10 is the Junior Presentation Day 1pm – 3pm at Ellis Beach.

Any families or businesses wishing to sponsor trophies please see Melinda Jackson or Gary Williams ASAP.

Presentations will be made to juniors U6/7 to U14. Patrol Uniforms will also be presented to our U14's who have completed their Surf Rescue Certificate & now become patrolling members. Please bring a plate of nibbles to share. Hopefully the bar will be open

### **For the information of our new members.**

All Juniors who have achieved the minimum attendance on Sunday training days are eligible to receive a participation award/trophy.

There are also awards presented for Junior Age Group U8 to U14

- M & F Age Champions;
  - M & F Runner Up;
  - M & F Most Improved; and
- Age Managers Award.

Other awards presented are:

- Champion of champions (M & F)
- Junior Club Person of the Year.
- Most Carnival Points
- Most Promising Junior

**If you are interested in becoming a sponsor or would like to help in organising the trophies please talk to Gary Williams.**

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# THANK YOU!!!

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## Amateurs Fundraiser

**Thank you to the following families for giving their time to help collect at the Cairns Amateurs on the 3<sup>rd</sup> & 4<sup>th</sup> September 2010:**

**Anne Edington, Lucy Chapman & Alison Chapman - both days**

**Gary, Liam and Dean Williams -both days**

**Perez family**

**Wagstaff family**

**Scott family**

**Kirrena Raymond**

**Gary & Emma Jackson**

**Matt Sinclair**

**Georgia Fry**

**Starr-Thomas family**

**Gosley family—both days**

**Lorraine Dunnett**

**Debbie Townsend**

**Julie & Jessica Young**

**Godfrey family & Hayley (Netanya's friend) - both days**

**Peta Grant - both days**

**Without the help of these wonderful members and friend the club would not have the money to keep the equipment and clubhouse running for all the members of the club. Hopefully next year we can get some more families along.**

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Ellis Beach SLSC would like to extended a very big thank you to Peter Niebling, the Pincipal Dealer/Director of Trinity Auto Group and a member of the Ellis Beach SLSC. For the last two years has paid the entire price for the long sleeve rash shirts, for both adults and children, including artwork and freight. This gives the club the entire profit from selling the rash shirts.

Don't forget, if you are looking to buy a new car, see Peter at Trinity Auto Group!



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# GENERAL INFORMATION

## Carnival Nominations

Now taking nominations for NQ Branch Championships in Port Douglas this weekend and next weekend only.

## Helpful websites

For those members that are doing a lot of travelling for sports you may find these websites handy.

[http://www.ausport.gov.au/participating/schools\\_and\\_juniors/juniors/get\\_involved/local\\_sporting\\_champions](http://www.ausport.gov.au/participating/schools_and_juniors/juniors/get_involved/local_sporting_champions)

<http://www.sportrec.qld.gov.au/Funding/Overviewofallfundingprograms/YoungAthleteAssistanceProgram.aspx>

## Dogs At The Club

Just to let members know that the club on the weekends is a dog free zone, could members not bring their dogs to the club. Also where the children are training and between the flags are also a dog free area. We have had an incident where a dog has attacked one of our Patrolling members so the Committee has decided that dogs are not allowed at the club and the training area.

It is also a Surf Lifesaving Policy as well that no dogs are allowed between the red and yellow flags.

Sorry for any inconvenience.



**PARENTS CAN YOU PLEASE KEEP AN EYE ON THE CHILDREN CROSSING THE ROAD AT THE CLUB. PLEASE MAKE SURE THAT AN ADULT IS WITH THEM AT ALL TIMES.**

**THE CLUB CANNOT STIPULATE THE URGENCY FOR THIS, AS THERE HAS BEEN SOME CLOSE CALLS WITH CHILDREN NOT BEING SUPERVISED BY ADULTS WHILST CROSSING THE ROAD.**

**IT HAS ALSO BEEN NOTICED THAT SOME MEMBERS ARE CROSSING THE DOUBLE LINES TO TURN TO PARK, THIS IS NOT ALLOWED SO PLEASE ALSO REFRAIN FROM DOING THIS.**

## Stinger Suits

All junior members from Under 6 to Under 14 years are to wear a stinger suit whilst they are training at the beach with the club. If children do not have a stinger suit, then they will not be allowed to train until they have one

## Keep the club clean!!

Please can everyone remember to pick up their rubbish and keep our club tidy. We do not have a cleaner at the club, this is done by the caretaker. Your help with keeping the club clean would be greatly appreciated!!!



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# GENERAL INFORMATION

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## Kitchen Roster

Thank you to all those parents who have helped in the Canteen this season. Please see attached roster for when your age group is rostered on.

If you could spare a half an hour or an hour it would be very much appreciated

- 9-10 am eg cutting up vegies
- 10-11 am eg cooking
- 11-12 eg serving and cleaning up

Thanks very much  
Irene Williams and Leanne Perez

## Beach Set up & Pack Up

To ease the burden on the dedicated club members who continue to set the beach up for the juniors each Sunday morning a roster system will be established for each Age group to perform this function.

**See Beach Set up roster and duties attached**

It is important that all members get involved and help out to ensure the equipment is stowed correctly.

## Communication

If there are any queries in relation to what is happening on the beach or at carnivals please discuss it with your child's Age Manager, the Junior Team Manager, David Young, the Senior / Cadet Team Manager, Peta Grant or the head of Junior Activities, Gary Williams.

We will endeavour to address your query in a timely manner.

## DAMAGE DONE TO CLUB

Our club is there for all to use so please think of others when you are there.

Please note the shower heads are NOT to be removed from any of the showers and the hut walls are not there to be graffiti on.

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# FROM THE MASTERS PADDOCK

A quick plug for the Masters competition, for those not aware, there is a competition for the over 30s male and female that you can compete in, if eligible.

## Eligibility Criteria:

Must be over 30;

Must have a bronze medallion and be proficient;

Must have performed qualifying number of patrol hours (this is pro rata based);

Reasonable fit; and

Must be prepared to enjoy yourself.

## When:

The Masters compete on the Sat afternoon of a carnival and is broken into age categories. 30 to 39; 40 to 44; 45 to 49; 50 to 54; and 55 plus

## Disciplines:

It covers all surf disciplines Swim, Craft and Beach.

You are not required to do all events if you want to just Swim or do beach that is fine.

The kids get a buzz out of seeing their parents compete as well, especially in the all age relay.

Whilst Ellis Beach does not have a large contingent of Masters it is a great group and all enjoy competing and supporting each other on the Saturday afternoon.

All new masters are warmly welcomed. You may want to work towards your fitness and gaining your award for next season.

For more information see Renee Ruthenberg (Club Captain) or Gary Williams.

## **Wanted:**

Andrew Conwell is looking to buy a second hand mal board. If you are selling a board please contact Andrew at [andrewconwell@hotmail.com](mailto:andrewconwell@hotmail.com)

He may be interested in purchasing it.

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# CADETS / SENIORS

## GOOD LUCK—COOLANGATTA GOLD COMPETITORS!!!!

Good luck to the following competitors who will be competing in the Coolangatta Gold in November

David Chapman

Ian Parmenter

Tiarnn Raymond,

Matt Sinclair

If there were any other club members from Ellis, thinking of going down that weekend, please can you let Matt Sinclair know as they are looking for handlers, which each individual competitor needs two of.

## WORLD CHAMPIONSHIPS—EGYPT 2010

Good luck to Frazer Eaton who will be competing at the Surf Life Saving Championships in Egypt later in the year. What a fantastic achievement!!

## BAR STAFF NEEDED!!!!!!

We are looking for people to help in the bar on a Sunday during and after nippers. Would be great if you have a RSA. Please email [ellis.slsc@bigpond.com](mailto:ellis.slsc@bigpond.com)

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# NORTH QUEENSLAND CHAMPIONSHIPS 2010

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Nominations are now open and will be taken at the club until the 10<sup>th</sup> of October then up until the **17<sup>th</sup> of October** you may contact Peta Grant at [ellis.slsc@bigpond.com](mailto:ellis.slsc@bigpond.com) to nominate.

Nominations are **\$30.00** per competitor regardless of how many disciplines you enter.

On nominating you **MUST** state the disciplines you wish to enter:

**SURF RESCUE EVENTS** - Start Friday @ 8.00am

**POOL RESCUE COMPETITION** - Nippers start Friday @ 3.00pm  
- Cadets, Open & Masters start Friday @ 5.30pm (approx)

**2 KM BEACH RUN** - Sunday Morning

## PLEASE NOTE:

We are required to provide (1) water safety per (10) U11-U14 competitors – please provide your name to Peta if you are available.

U15 to Masters competitors are not required to wear stinger suits unless directed by the carnival referee, there is a strong chance of this occurring so **all competitors and water safety MUST bring a stinger suit**

Scrutineering of board fins and stinger suits will be in force, please make sure your fins are not sharp and your stinger suits are in good condition with no holes.

If you are competing in the Pool Rescue Competition make sure you bring your swim fins.

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## 2011 NORTH QLD BRANCH JUNIOR STATE TEAM

### QLD COUNTRY TEAM

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The QLD Country Team will be selected from performances **at North Australian Championships** to compete at the Inter-branch Championships on the Gold Coast on the 3rd and 4<sup>th</sup> of December. (6) male and (6) female competitors will be selected from the U13, U14, U15 & U17 Age Groups.

Pool rescue events will be taken into consideration on selection however the Tube Race and Ski Race events are excluded from this process.

If you have any questions please email Sharon Mills at:

[millsy4@bigpond.net.au](mailto:millsy4@bigpond.net.au)

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