

Circular

Surf Life Saving Queensland
ABN 27 360 485 381 SLSQ

NO: 27.05.08
TO: Secretaries / Administrators –Sunshine Coast Clubs & Branches
SLSQ Coaching Advisory Panel
FROM: Carl Burgmann
Surf Sports Development Manager
DATE: Monday 26th May 2008
SUBJECT: **Level 1 Surf Coach Courses**

18 Manning Street
South Brisbane Q 4101
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South Brisbane Q 4101
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Surf Life Saving Queensland is pleased to announce the dates for the upcoming level 1 coaching courses to be run in North Queensland.. The timetables for this course can be found on page 2 of this circular, please take note of these before applying.

<u>Region</u>	<u>Date of Course</u>	<u>Application Closing Dates</u>
North Queensland Venue: Cairns SLSC	Saturday 5 th Sunday 6 th July 2008	25 th June 2008

To register for any of this course fill out the accompanying registration form and return it **by the closing date** to:

Surf Life Saving Queensland
PO Box 3747
South Brisbane Qld 4101
(Or) Fax: 3846 8008

For any further information regarding coaching courses, please don't hesitate to contact me at Surf Life Saving Queensland.

Regards,

CARL BURGMANN
Surf Sports Development Coordinator



The life of the beach.

TIMETABLE

Saturday	11am to 5:30pm (Cairns SLSC)
Sunday	9am to 1pm (Cairns SLSC)

A more detailed timetable will be sent to all participants prior to the course.

OVERVIEW OF COURSE

The Level 1 Course is introductory, providing the expertise to Coach at Club level. The course covers lectures in the following units:

- 1) Role of the Coach
- 2) Athlete Development
- 3) Sports Safety
- 4) Physical considerations of the athlete
- 5) Psychological considerations of the athlete
- 6) Preparing for training
- 7) Reviewing training
- 8) Delivering training
- 9) Practical Unit

The practical unit for the course covers approximately 4 hours. The participant must choose his/her practical specialisation from the following groups:

- | | |
|--------------------------------|-----------------------------------|
| <input type="checkbox"/> Beach | <input type="checkbox"/> Board |
| <input type="checkbox"/> IRB | <input type="checkbox"/> Ski |
| <input type="checkbox"/> Boats | <input type="checkbox"/> Swimming |

Specific discipline sessions involve a total of 3-5 hours practical. Participants must attend the full course to receive accreditation. One season of practical coaching or 20 hours must be completed and assessed before accreditation for Level 1 Surf Coach will be approved.

The total cost of the course is \$220 (Inc GST). This includes:

- A satchel, including all relevant printed coaching material and Surf Life Saving Coaching manual
- Morning and afternoon tea on Saturday and Sunday
- Registration with the Australian Coaching Council
- General Principles Certification

GENERAL PRINCIPLES

If the participant has attained the General Principles component of the Level 1 Coaching Accreditation, the cost will only be \$110.00 (Inc GST). You will have to supply proof of this with your application and complete the RPL (Recognition of Prior Learning) form prior to attending the course, to obtain this please contact Carl Burgmann at SLSQ. Should you require any further information, please contact SLSQ on 3846 8000 or your Regional SLSQ Staff Member.

ACCOUNTS

All payments must accompany the registration form and be received by the relevant parties by the nominated closing date. Refunds will only be available under extenuating circumstances.

LEVEL 1 SURF COACH ACCREDITATION ENROLMENT FORM

Surname: _____ Given Name/s: _____

Address: _____

Postcode: _____

Daytime Phone: _____ After Hours Phone: _____

Club: _____ Email: _____

Male Female

I wish to enrol for the following discipline (please tick one box only)

- | | |
|--|--|
| <input type="checkbox"/> IRB | <input type="checkbox"/> Swimming |
| <input type="checkbox"/> Beach | <input type="checkbox"/> Surf Ski Paddling |
| <input type="checkbox"/> Surf Board Paddling | <input type="checkbox"/> Surf Boat |

Course Date & Venue I wish to attend is: _____

I have already completed my Level 1 General Principles, and therefore will only be participating in the practical component and have enclosed a cheque/money order/credit card details payable to Surf Life Saving Queensland for \$110.00 (Inc GST). **I have supplied relevant paperwork to support my application for recognition of prior learning (RPL) with this application.**

Or for people sitting the full course:

I enclose a cheque/money order/credit card details payable to Surf Life Saving Queensland for \$220.00 (Inc GST) to cover the cost of the course.

Payment Details (please circle) Cheque / Visa / MasterCard (No Amex facilities unfortunately)

Cardholders Name: _____

Card No: _____ Expiry Date: _____

Signature: _____

I, _____ (Club Officer), declare that the _____ Surf Life Saving Club will accept responsibility for all course fees incurred by _____ attending the Level 1 Surf Coach Accreditations Course held on _____

Signed: _____

Club Position: _____



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